

The RAID Approach

What is RAID? RAID stands for Reinforce Appropriate, Implode Disruptive

RAID is a positive approach to addressing challenging behaviours. It focuses on nurturing positive ('green') behaviour and improving quality of life, while reducing the occurrence of challenging ('red') behaviours. RAID is based on the understanding that behaviour is influenced by the environment and aims to create supportive environments that make challenging ('red') behaviours less likely to occur.

RAID emphasises strategies to promote positive ('green') behaviours, rather than approaches that focus on negative behaviour, punishment or consequences. RAID recognises that people may exhibit challenging ('red') behaviours as a means of communication or due to unmet needs and may seek to address those underlying factors rather than solely focusing on the behaviour itself.

What are the key principles of RAID?

The key principles of RAID are:

1. **Nurturing Positive Behaviour:** The focus of RAID is on nurturing positive 'green' behaviour, so it simply displaces the 'red' behaviour for people.
2. **Proactive Approach:** RAID emphasises a proactive rather than reactive approach. So, it focuses on nurturing 'green' behaviour and teaching appropriate replacement behaviours that meet people's needs and of those around them.
3. **Function-Based Approach:** RAID recognises that challenging ('red') behaviours often serve a purpose or function for people. Understanding the underlying function helps to address the root causes and develop effective strategies to meet the person's needs in more positive ways.
4. **Collaboration and Teamwork:** RAID promotes collaboration and teamwork. It emphasises the importance of working together, sharing information, and aligning efforts to support positive behaviour change consistently across different settings.
5. **Effective Practices:** RAID is grounded in evidence-based practices. It emphasises the use of interventions and strategies that have been shown to be effective in promoting positive behaviour-change and improving outcomes for people.
6. **Continuous Monitoring and Evaluation:** RAID involves monitoring and evaluation of the effectiveness of strategies and interventions. This allows for adjustments and refinements to be made based on feedback, ensuring that needs are being met effectively.

By adhering to these principles, RAID seeks to promote positive behaviour change, improve quality of life, and foster inclusive and supportive environments for people with challenging behaviours.