

WISE OWLS AT FOXLEY DAY NURSERY

BREAKFAST, SNACK AND TEA MENU

At Wise Owls, we know that good nutrition is essential to the healthy growth and development of children. Every day we see the positive impact a healthy and nutritious meal has on a child's ability to engage in learning and play. We encourage and inspire children to try a variety of food they may not have tried before, ensuring that children receive a healthy, balanced diet while being given the opportunity to explore new foods and flavours.

ALL MEALS SERVED ARE ADAPTED TO SUIT INDIVIDUAL DIETARY REQUIREMENTS

Breakfast menu

We offer a choice of cereals including Cornflakes, Weetabix and Rice Crispies all served with fresh milk plus a selection of fruit including apples, bananas or pears.



Tea menu – Week 1

Monday

Lightly toasted pitta bread strips dipped in houmous, served with carrot sticks followed by apple slices



Tuesday

wholemeal sandwiches served with a choice of ham slices or chicken alongside cucumber sticks followed by fresh melon slices



Wednesday

Warm sausage rolls served with cherry tomatoes followed by sliced pear



Thursday

Spaghetti on warm wholemeal toast and served with carrot sticks followed by peaches.



Friday

Toasted cheesy bagels served with cucumber sticks followed by bananas



Snack menu

We offer a selection of items such as cheese & crackers, breadsticks, melon slices, apples and pineapple

Served with a choice of cold milk or water.



Scan here for more information about our daily lunch menu.





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Breakfast menu

We offer a choice of cereals including Cornflakes, Weetabix and Rice Crispies all served with fresh milk plus a selection of fruit including apples, bananas or pears.



Tea menu – Week 2

Monday

Wholemeal cheese sandwiches served with cucumber sticks followed by peaches



Tuesday

Tuna & sweetcorn pasta bake served with carrot sticks followed by apple slices



Wednesday

Soft wholemeal wraps with sliced ham and served with cucumber sticks followed by fruit yoghurt



Thursday

Wholemeal pizza muffins with passata and cheese served with chopped peppers followed by bananas



Friday

Toasted crumpets served with a choice of toppings alongside cherry tomatoes and followed by pineapple



Snack menu

We offer a selection of items such as cheese & crackers, breadsticks, melon slices, apples and pineapple

Served with a choice of cold milk or water.



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